

Harvest Café Breakfast

9am-11am

Zeally Bay Organic Sourdough Toast \$12

Served with butter, honey, jam, or vegemite. *Vegan Option available

Gluten free Precinct Fruit toast \$12 (GF)

Served with butter, honey or jam. *Vegan Option available

Gluten free buckwheat waffles \$19.50 (GF) (VEGAN)

Served with coconut ice cream, maple syrup, berry coulis and fresh fruit.

Thunderstorm Porridge \$16 (VEGAN)

Rolled oat porridge in oat milk, warmed with berries, sweetened with dates and maple. Topped with toasted Maple nuts.

Poached Eggs \$14

Local free-range eggs, poached and served on buttered organic sourdough toast.

Simple Scrambled eggs \$16

Local free-range scrambled eggs with cream, served on buttered sourdough toast.

Bacon, Eggs, and Spinach \$22

Local free-range poached eggs, crispy bacon and wilted spinach. Served on buttered sourdough toast.

Smokey Beans \$22

House made combo of chickpeas, beans, capsicum, onion and Smokey tomato sauce. Topped with Meredith goat cheese. Served with buttered Sourdough toast. *Vegan Option available

Tofu Scramble \$22 (VEGAN)

Panned Tofu with mushrooms, onion, spinach, tamari and fresh herbs. Served with toasted sourdough.

Dynamite Mushroom Toast \$22

Seasoned mushrooms with onion, herbs, and greens. Served with sourdough toast, dynamite tahini and mayo drizzle and topped with Meredith goat cheese. + Add a poached egg \$3. *Vegan Option available

Rustic Herb Rosti \$24 (GF)

Panned potato seasoned with herbs and onion. Topped with poached eggs and wilted spinach.

Extras \$5

Bacon
Avocado

Extras \$3

Wilted Spinach
Meredith goat cheese
Poached egg

Extras \$2

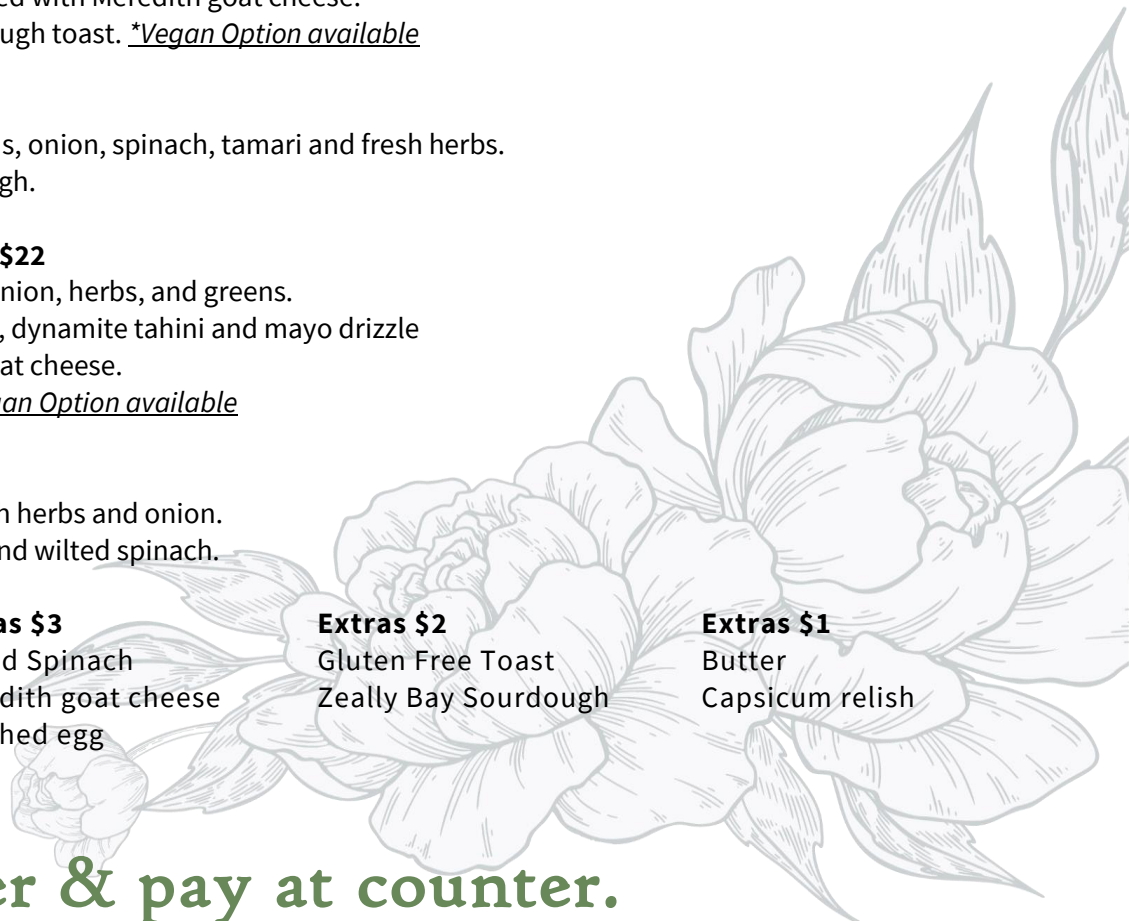
Gluten Free Toast
Zeally Bay Sourdough

Extras \$1

Butter
Capsicum relish

Please order & pay at counter.

Bank surcharges may apply/ 10% surcharge applies on weekends & 20% public holidays.



Harvest Café Lunch

Until 3pm

Please see our cabinet for toasted focaccias, assorted rolls, salad wraps and Supernatural salads!!!

Soup of the day \$16

Served with Zeally bay organic sourdough toast

*Changes daily. Please ask our staff

Supernatural Salad Plate \$17.50

A generous selection of all our fresh made salads. Please see cabinet for options.

Savoury Tart \$8/ Or with Supernatural salads \$17.50

Made with local free-range eggs/ Contains Gluten & Dairy

Vegan Tofu & Mushroom Tart \$10/ Or with Supernatural salads \$17.50

Vegan/ Contains Gluten

Vegetarian Frittata \$10.50/ Or with Supernatural salads \$17.50

Fructose friendly/ Gluten free/ Contains dairy

Fructose friendly/ Gluten free/ Contains dairy

Sesame seaweed Tuna patty \$8.50/ Or with Supernatural salads \$17.50

Gluten free/ Contains minimal dairy

Haloumi & mint fritters \$3.50 each/ Or 2 with Supernatural salads \$17.50

Gluten free/ Contains dairy

Gluten free/ Contains dairy

Pumpkin & tarragon Rice cakes \$3 each/ Or 2 with Supernatural salads \$17.50

Vegan/ Gluten free

Spicy lentil patty \$4.50 each/ Or 2 with Supernatural salads \$17.50

Vegan/ Gluten free

Assorted Pies, Sausage rolls and Pasties (Until sold out)

Organic beef and pork sausage roll \$5.50

Spinach & fetta roll \$6.50

Butter chicken pie \$7

Beef & mushroom pie \$7

Beef & vegetable pastie \$6

Vegan Mexican bean \$6

Vegan creamy garden vegetable \$6

Pastie, pie or sausage roll with Supernatural salads \$17.50

Lasagne served with Mediterranean garden salad \$18.50

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