

# HARVEST CAFE



## Breakfast

9:00am - 11:00am

Please place order and pay at counter, we will bring it out to you.

### ZEALLY BAY ORGANIC FRUIT TOAST \$7.5

with Butter, Jam or Honey.

### LOCAL SOURDOUGH TOAST \$7.5

with Butter, Jam, Honey or Vegemite.

### HOMMUS & AVO TOAST \$16

Avocado set on hommus with spring onions, dulse, greens, pumpkin seeds and black salt.



### DYNAMITE MUSHROOM TOAST \$17

Panned mushrooms with onion, herbs and greens. Set on local sourdough toast, with a Dynamite tahini spread, hommus and Goats cheese. Can be made Vegan.

### ZEALLY BAY ORGANIC GRANOLA \$12

Certified organic hand made Granola. Served with grated apple and organic milk.



### SEASONAL ACAI BERRY BOWL \$18

Amazing frozen blended super food breakfast with banana, nut butter, seeds, fruit, berries, coyo and our organic oat granola.



### POACHED EGGS \$11

Local free range poached eggs on buttered local sourdough toast.

### SIMPLE SCRAMBLED EGGS \$14

Eggs and cream scrambled served on buttered local sourdough toast.

### BACON, EGGS & SPINACH \$17.50

Local free range poached eggs, with crispy bacon and wilted spinach. Served on buttered local sourdough toast.

### SMOKEY BEANS \$16

House made combo of chickpea, beans and smokey tomato with capsicum & onion. Topped with Meredith goat cheese served with buttered local sourdough toast. Vegan option available.

### TOFU SCRAMBLE \$17

Organic tofu with onion, mushrooms, tamari, olives & spinach. Served over local sourdough toast.



ADDS

- Seasoned mushrooms \$5
- Roasted herb/garlic tomato \$4
- Bacon \$5 • Avocado \$4
- Meredith goat cheese \$3 • Spinach \$3
- Poached egg \$2
- Gluten free organic bread \$2

Sides available to add with breakfast meal purchase only

## Beverages



Vegan



Gluten Free

### ORGANIC COFFEE ORGANIC MILKS

*Bonsoy, Almond  
or Coconut  
add 50c*

STANDARD \$4

LARGE \$4.7

Kids standard

warm chocolate \$4

(No bubba takeaway)

### Green GIANT

*Smoothie*

- Banana
- Kale
- Spinach
- Mint
- Spirulina
- Coconut Water

\$9.5

### Upbeet

\$8

- Beetroot • Lemon
- Mint • Kiwi
- Pomegranate

### BACK 2 BASICS

IMMUNE

- Carrot
- Orange
- Ginger

\$7.5

[www.harvestcafedaylesford.com.au](http://www.harvestcafedaylesford.com.au)

T: 5348 1502

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**Customers Note:** our care will be taken with dietary requirements, however we are **not an anaphylaxis accredited café.**

Our cross contamination of allergy ingredients is rated high and all allergy requirements must be stressed to our staff so we may guide you to a more suitable option.

# HARVEST CAFE



## Lunch

9:00am - 4:30pm

Please place order and pay at counter, we will bring it out to you.

### SUPERNATURAL SALADS \$13

Generous selection of all of our fresh made salads.

Take Away Small \$9. Large \$11.

Until sold out

### SAVORY TART \$7.5 with salad \$15

Local free range real eggs used.

### TOFU AND MUSHROOM

### SAVOURY TART \$8.5

Or with salad \$15

### FRITTATA \$9.5 with salad \$15

Local organic & free range real eggs used.

(Fructose friendly)

### PUMPKIN & TARRAGON

### RICE CAKES \$3 each

Or 2 with salads \$15

### GLUTEN FREE FRITTERS

\$3 each or 2 fritters with salad \$15

Contains onion

### SESAME SEAWEED TUNA PATTY

\$7.5 each with salad \$15

(Contains seeds and minimal dairy)

### SPICY VEGAN LENTIL PATTY

\$4 each or 2 patties with salad \$15

### VEGETABLE LASAGNE \$16

Layers of seasonal vegetables, pasta & Béchamel sauce.

### SAVOURY MUFFIN \$6.5

May contain seeds and nuts.

### ORGANIC BEEF AND PORK

### SAUSAGE ROLL \$4.5 each

Until sold out

### THAI VEGAN BUCKWHEAT

### ROLL \$4.5 each

### ASSORTED PIES \$5 each

Salmon and Dill, Organic Beef & Mushroom, Vegan Mexican Bean and Garden Vegetable. All in a puff pastry. Until sold out.

### ASSORTED ROLLS, WRAPS &

### FOCCACIA \$9.5 each

Ham, Chicken, Avocado, Salami, Roast Vegetable. In display fridge until sold out.



## Beverages



Vegan



Gluten Free

### TURMERIC LATTE \$5.5

- Coconut milk
- Ginger • Honey
- Turmeric • Cinnamon

### BLUE MAJIK LATTE \$7.5

- E3 Live • Coconut Milk
- Lemon • Agave • Ginger
- ACAI berry

## Cool Greens

CLEANSE

- Pear • Celery • Mint
- Lime • Apple • Kiwi
- Kale • Cucumber

\$8

## Espresso -yo

- Organic Coffee
- Chia Seeds
- Milk
- Cacao Nibs
- Co Yo
- Date Paste

\$9.5

## Tea Pot for One \$4

Selection from Southern light organic herbs and T2

- English breakfast • Earl Grey
- Peppermint • Chai-Rainbow
- Lemongrass and Ginger
- Jasmine Green Tea • Sencha Green Tea • Rooibos • Dandelion
- Chamomile • Red Clover

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